

Aa: Place your tongue down, open your mouth wide to make the sound.

Bb: Place your lips together, push air towards the inside of your lips, slightly open your mouth.

Cc: Lift your tongue to the roof of your mouth and keep the tip of your tongue down, then release a burst of air.

Dd: Place the front of your tongue on the top of your mouth, open your mouth slightly, push your tongue down and release a puff of air.

Ee: Make a shape with your mouth like you are smiling, put your tongue in the middle, push air out.

Ff: Place your top teeth on your bottom lip, blow through your teeth.

Gg: Part your lips, lift the back of your tongue, push it forward and release a puff of air.

Hh: Open your mouth, keep your tongue down, push out some air.

Ii: Open your mouth slightly, move your tongue up and forward.

Jj: Open your mouth slightly, push your lips out, put your tongue on the roof of your mouth, move your tongue away.

Kk: Place your tongue on the top of your mouth, then lower your tongue and push out a small puff of air.

Ll: Part your lips, put the tip of your tongue on the roof of your mouth.

Mm: Press your lips together, push air through your nose.

Nn: Slightly open your mouth, push your tongue to the roof, push air out of your nose

Oo: Open your mouth wide, make your lips in the o shape, keep your tongue low.

Pp: Put your lips together, part your lips as you let air out.

Qq: Slightly part your lips, put the back of your tongue on the top of your mouth, lower your tongue, let out a little air to make the sound.

Rr: Make an “o” with your lips, lift your tongue, release air from your lips.

Ss: Spread your lips, put your teeth together, force air through your teeth.

Tt: Open your mouth like a smile, put your tongue on the roof of your mouth, push your tongue forward with a puff of air.

Uu: Part your lips, raise your tongue slightly.

Vv: Place your top teeth on your lower lip, push air through your teeth.

Ww: Put your lips rounded and close together, push out a puff of air.

Xx: Part your lips, put your teeth together, place the tip of your tongue on the roof of your mouth, push air out through your teeth.

Yy: Part your lips, keep your teeth slightly apart, lift the middle part of your tongue.

Zz: Part your lips, place your teeth together, put your tongue behind your teeth without touching them, force air out.